

**HOPE
AFLOAT
BREAST
CANCER
SURVIVORS'
DRAGON
BOAT TEAM**

**WELCOMES
NEW PADDLERS
FOR 2011 SEASON!**

Hope Afloat Canada



**If you are a breast cancer survivor,
and enjoy fresh sea air
and having fun whilst exercising,
perhaps it is time to try dragon boat paddling!
Age does not matter, nor does fitness level.**

We practice twice a week on tuesdays and thursdays in the sheltered waters of the Comox Harbour. Enjoy a 'free' paddle before deciding if you want to join. A life jacket and paddle will be provided. You will make some new friends All of whom are 'in the same boat!'

**For more information, visit our website:
www.hopeafloatcanada.ca
Or Call Marcy 250-338-2112.**